



# Porters Grange Primary School & Nursery

Part of the Portico Academy Trust

Principal Miss D. Henley

Vice Principal Mr M. Aggus

Lancaster Gardens, Southend-on-Sea, Essex, SS1 2NS

Tel: 01702 468047

[www.portersgrange.co.uk](http://www.portersgrange.co.uk)

Email: [office@portersgrange.southend.sch.uk](mailto:office@portersgrange.southend.sch.uk)



PORTICO  
ACADEMY TRUST

opening doors, unlocking potential

CEO - Mrs C. Woolf

Friday 17<sup>th</sup> January 2020

Dear Parents and Carers,

Re: RSE (Relationship and Sex Education)

The Department of Health set out its ambition for all children and young people to receive high quality RSE in its Framework for Sexual Health Improvement 2013. Following this, when the Department for Education published the new National Curriculum, they emphasised the statutory requirement to provide a balanced and broad wider school curriculum, and the need for RSE through all key stages.

To be most effective, RSE needs to start early so that children learn to talk about their feelings and relationships, and at a later time, are prepared for puberty before it happens to them. If children can begin the transition into adulthood with the right information and the knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices.

The materials that we will be using are child friendly and age-appropriate. We are using an interactive programme of study called 'Growing Up With Yasmine and Tom', which has been recommended by Southend-on-Sea Borough Council and is being used by the vast majority of schools in the borough. If your child is in years 2 to 6, their learning from last year will simply continue and be built upon.

If you have any concerns please come and speak to your child's teacher who can answer any questions you may have.

Yours faithfully

Miss McMillan and Mr Rasor

The table below shows the topics that are covered in the 'Yasmine and Tom' programme. Many of these topics link to our wider school curriculum.

Year 4
<b>Gender Stereotypes:</b> Mothers and Fathers <b>Keeping Safe:</b> Personal space <b>My Body:</b> Sexual Body Parts – Male <b>My Body:</b> Sexual Body Parts – Female <b>Keeping Safe:</b> Identifying Risk <b>Keeping Safe:</b> People Who Can Help Me <b>Online Technology Safety:</b> Photos of Myself Online <b>Online Technology safety:</b> Taking Care Online – Who Can Help Us?

We are a **good** school in all areas

*"The school's work to promote pupils' personal development and welfare is Outstanding"*

