



Porters Grange Primary School & Nursery

Part of the Portico Academy Trust

Principal Miss D. Henley

Vice Principal Mr M. Aggus

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PORTICO
ACADEMY TRUST

opening doors, unlocking potential

CEO - Mrs C. Woolf

Friday 25th October 2019

Dear Parents and Carers,

Re: RSE (Relationship and Sex Education)

The Department of Health set out its ambition for all children and young people to receive high quality RSE in its Framework for Sexual Health Improvement 2013. Following this, when the Department for Education published the new National Curriculum, they emphasised the statutory requirement to provide a balanced and broad wider school curriculum, and the need for RSE through all key stages.

The materials that we will be using are child friendly and age-appropriate. We are using a programme of study called 'Growing Up with Yasmine and Tom', which has been recommended by Southend-on-Sea Borough Council and is being used by the vast majority of schools in the borough.

On **Thursday 7th November 2019 at 2.30 in the North Hall**, I would like to invite you to view the 'Growing Up with Yasmine and Tom' materials relevant to Year 5. This will also provide an opportunity to ask any questions that you may have.

The topics covered in Year 5 are:

Gender Stereotypes: Sexual Orientation

My Body: Puberty

My Body: Periods

Feelings: How Easy Is It to Talk About...

Feelings: Talking to People About How We Feel

Online Technology Safety: Social Networking and Sending Pictures

Relationships: Trust

Relationships: Peer Pressure

Yours faithfully

Mr M Aggus
Vice Principal

We are a **good** school in all areas

"The school's work to promote pupils' personal development and welfare is Outstanding"

